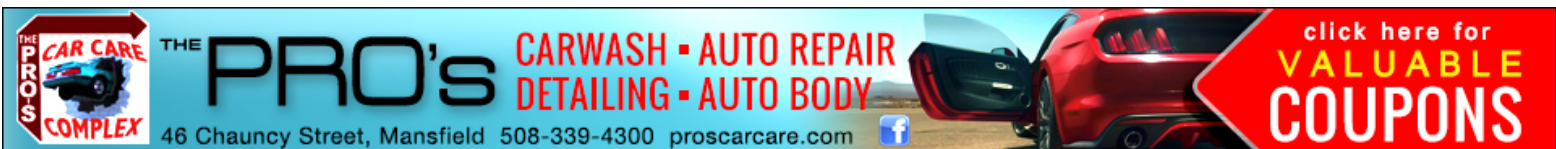




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14 Remaining

Reiki practitioner in Mansfield giving back to help others

Lauren Bortolami starting healing series in memory of niece who died of an overdose

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Posted: Thursday, March 10, 2016 6:00 am

BY RICK FOSTER SUN CHRONICLE STAFF | 0 comments

MANSFIELD - The 2012 overdose death of Lauren Bortolami's niece Kaylyn at age 26 climaxed a downward spiral into addiction.

Now Bortolami, a Reiki practitioner, is seeking to focus her healing talents on those who are struggling to overcome addiction and to comfort family members who have lost loved ones to opiates and other poisons.

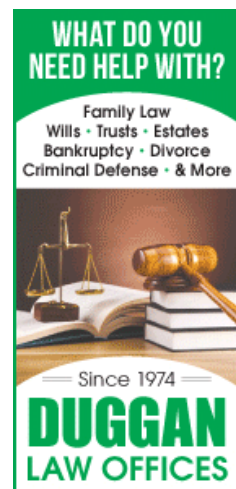
Bortolami says she is starting a monthly healing series, "Within the Light Healing Circle and Reiki for Illness/Addiction" Sunday in memory of Kaylyn with an eye toward helping people and families hurt by opiates.

"With the increase in numbers of people affected by addiction, I felt I had to do something," said Bortolami, who recalled how her family was devastated by her niece's gradual descent into drug dependency.

"In all my years I've never seen so much pain in my sister's eyes," she said.

Reiki is generally defined as a technique based on the principle that the therapist can channel energy through touch, activating natural healing processes.

Bortolami said those who wish to attend the confidential sessions do not need to give their names or even specify their reasons for seeking healing.



However, she said she will providing free Reiki attunements to those who have completed a rehabilitation program for substance or alcohol abuse.

She is charging a fee of \$11.10 for each evening's healing session, half of which will go to Teen Challenge, an organization that helps those recovering from addiction.

The sessions will begin 6:30 to 8:30 p.m. Sunday at Bortolami's office at The Spiritual Path, 281 North Main St. in Mansfield. She can be contacted by phone at 508-339-8111.

Space is limited to 30 people and participants are asked to bring a comfortable pillow to sit on.

RICK FOSTER covers Mansfield for The Sun Chronicle. He can be reached at 508-236-0360 or at rfoster@thesunchronicle.com.



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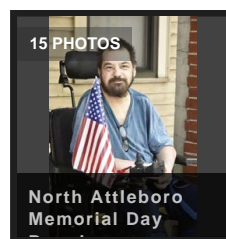
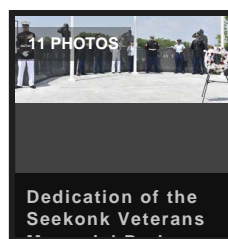
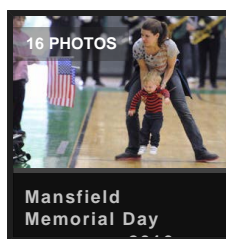
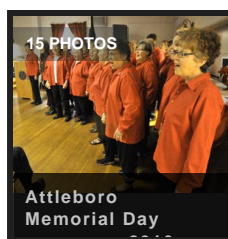
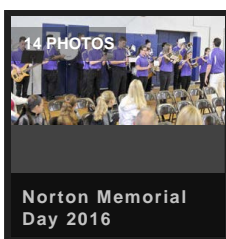
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