

Healthy Living Magazine • Health & Wellness • Fitness & Nutrition • Healing & Personal Growth

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Summer Evening of Spirit Messages July 16th Thursday 4pm - 10pm

**Held at Beautifull Waterfront Nantasket Beach Resort
1st Floor, 45 Hull Shore Drive, Hull**

**We are a Community of Spiritually Minded Individuals providing spiritual tools to
transform our personal lives and help make the world a better place.**

**This year we will feature over 25 vendors and 12 Expert Readers in the field of
Mediumship, Astrology, Spirit Art and Angel/Tarot Card Readers.**

**We have also added a Healing Room
where we will offer Reiki, Massage, Energy Healing and Reflexology.**

**FEATURING THE SOUTH
SHORES FINEST READERS!
Most reading \$40 for 20 minutes.**

**Deb Wallace 4-8pm
Doreen Tripp 4 - 10pm
Elaine Read-Cole 4 - 10 pm
Emma Phanuef 4 - 10pm
Laura Joseph 7-10pm
Lauren Bortolami 4 - 10pm
Liam Galvin 6-8pm
Lori Doupe Sheridan 6:30 - 8:30**

**Michelle Kundzicz 4 - 10 pm
Michelle Levangie 4-10pm
Nancy Smith 4 - 10 pm
Nora Helbich 4 - 10 pm
Patti Sheets 4 - 10 pm**



**Yoga on Hull Beach with Paulette Gloria Harwood
assists by Kerry Ann McCarthy.**

Reconnect yourself back to Nature by practicing yoga in the midst the Tattwas: water, salt, wind, sand, rocks, shells, seagrass, sun or whatever Mother Earth throws our way. Learn about the 5 elements and our innate connection to them as a means of redirecting ourselves back to our true nature, Purusha. Class with be Taught by Paulette with



expert hands on (with permission) assists and gentle Thai assists by Kerry Ann McCarthy. Class is 1 hour and consists of walking asana, asana, pranayama, mantra,

guided imagery and meditation. A 10 minute savasana will conclude our practice of our return to self.

\$15.00

Featuring Presentations:

Roland Comtois: Messages of Hope and Love \$10

Liam Galvin and Lori Doupé Sheridan: Presents Group Mediumship. \$12

Elaine Read Cole: Is This a Haunting? \$8

Emma Phaneuf: Presents Connecting with Spirit \$8

Michelle Kundzicz: Clearing Energy 101 \$8

Lauren Bortolami Who Are You? Discover Who You Are \$8

Patti Sheets: Introduction to the Enneagram \$8

Nancy Smith: Presents Spirit Art \$12



4pm - 4:50:

Roland Comtois Keynote Speaker Roland is a nationally acclaimed inspirational speaker, author, spiritual medium, and radio host. Roland is a professional healer with over 30 years experience as a gerontology nurse, Reiki Master, metaphysical teacher and grief specialist. His work is currently sought after by television production companies eager to showcase his signature "Purple Papers."

Messages of Hope and Love: Join Roland in this 45 minute presentation as he talks about how spiritual messages are delivered to us in our daily lives. Along with Roland's trademarked pre-recorded Purple Papers, random audience members will receive sacred messages from their dearly beloveds. Book signing to follow.

4pm: Tickets are \$10. For more information on Roland go to www.blessingsbyroland.com



5:00 pm- 5:50pm

Liam Galvin and Lori Doupé Sheridan: Hello from Heaven- Messages from your Loved Ones and Friends in Spirit: \$12 Liam Galvin and Lori Sheridan will deliver messages of love, Hope and healing from audience members loved ones in Spirit. Our audience will gain a clearer and better understanding of mediumship and the Spirit World. We're never alone. Life and love are continuous! 10 minute break





6:00 pm- 6:30

Elaine Read Cole: Is This a Haunting? \$8

Join Elaine for a brief intro of discerning a haunting. Is it... or is it not, that is the question. We'll go over some of the signs and signals that are generally present in a haunting. We also go over some common circumstances that may be present that mimic signs of a haunting ...but are not! Come with your questions and personal experiences and we'll talk about it. Elaine Read-Cole has been seeing Spirit her whole life. She also grew up in a very haunted house! For more information go to www.thelandofah.com



6:40 - 7:10

Emma Phaneuf: Presents Connecting with Spirit \$8

Emma Will be hosting a Mediumship form on connecting with spirit. Her mission is to help both Past and Living Souls to find peace. What are the signs to look for? How to know your loved one is with you. How will you know that they are at peace. She has been helping soul to move to the other side since childhood. And with the passing for her Mother, she now has five generations of seers on the other side helping her.



7:20 pm - 7:50pm

Michelle Kundzicz: Energy 101 & Easy Clearing Techniques \$8

Energy is not only all around us but it is US, there is a scientifically proven flow of constant movement and change of energy that makes up everything around and including US!

I will share with you the basics of the energy fields called your Aura and your Chakra system, their importance and the role they play in everything from your attitude to your immune system. You will learn 3 simple ways to adjust,clear and balance each field.

As an Energy Practitioner I have trained and in multiple energy modalities. I am a Reiki Master Teacher. I am certified in Selenite

Wand Therapy, Magnified Healing and Intergraded Energy Therapy. I incorporate crystal work into many healing sessions as well as teach 2 levels of Crystal classes. I hope you will join me and begin the shift.



8:00- 8:25

Lauren Bortolami \$8

Who Are You? Discover Who You Are - Are you a Psychic, Medium, Angel Messenger, Empath, Medium, or Sensitive? Find out.

8:35 pm - 9:05:

Patti Sheets: Introduction to the Enneagram \$8

Are you a One - A perfectionist: critical of yourself but secretly convinces you're ethically superior? Or could you



be a Nine -- a gentle peacemaker who may be too agreeable and self-effacing? If you can link those numerals with those traits, you're in on the Enneagram. A personality-typing system. Studying the Enneagram helps you better understand yourself and others by providing a guide to people differing emotional makeups and the various strategies for facing life. The Enneagram is a personality system that distinguishes 9 personality types.

Learn about the type that most accurately describes you; learn about the other types and how to relate well to anyone. Guaranteed to be one of the most practical and eye opening experiences. It will help you understand yourself but also will give understanding and compassion for those you deal with every day.

8pm: Tickets are \$8



9:15-10pm

Nancy Smith: Presents Spirit Art. \$12

During a mediumistic demonstration, Nancy often sees and senses the visual essence of the spirit communicator. This is powerful evidence for the continuation for life. Nancy creates spiritual portraits that have a close similarity to the spirit during their life. Nancy will also draw some of the readings at a large easel in front of the group.

SHOPPING FREE TO THE PUBLIC

Showcasing: Massage, Jewelry, Essential Oils, Organic Products, Healing Stones and more!



Offering Aura Photography with Sha Blackburn; The

LoonWitch a psychic intuitive healer. She incorporates a variety of psychic tools including the tarot, runes, the pendulum and psychometry to help her clients transform their lives. She is an honest and insightful psychic, who has been studying and practicing various forms of divination for over 20 years. Your aura is your spirit, your energy, it is your essence. Using Aura ImagingPhotography, Sha will capture this essence on an instant photograph and give you an in-depth interpretation of the colors and energy patterns you are emitting. Is there a spirit guide or loved one around you? Are you coming into love or money? What energy are you putting out to the

universe? Have your aura photographed and find out!

Photo includes a 10 minute Readings \$30. Available 4 - 10pm

• Deb Wallace

Contact Form

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About Candita Mamet



B Candita @ Healthy Living

Marshfield, MA, United States

Candita Mamet; a graduate of the University of Massachusetts Amherst, Ann Maria MBA Graduate, Springfield College MSW Graduate and founder of Healthy Living Magazine and Events a unique regional-oriented publication and event planning featuring the most respected Health, fitness and wellness practitioners,

is dedicated to providing the region with the most current and relevant health information available.

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Miriam Smith, MS Ed.



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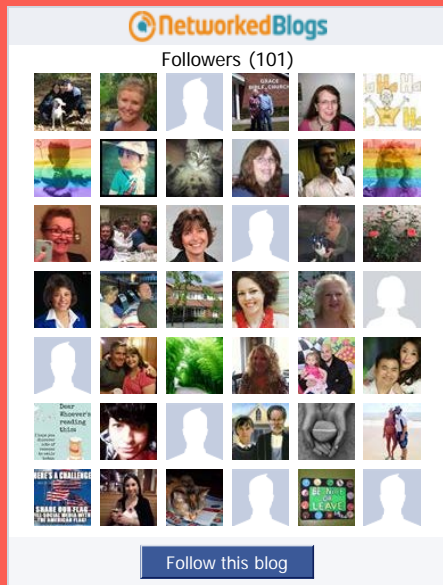
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